

Questions for Discussion as You Prepare for First Holy Communion

God's love is revealed through those who love and care for us.

1. Who are some people who love you?
2. How do you know God loves you?
3. How do you know you are important to your family, teachers and friends?
4. Who are some other people who care about you?
5. How do you show your love for others?
6. Who made you to be special?
7. How does God take care of you?

At birth, we become members of our family. At Baptism, we are called into God's family, the Church.

1. What do we call God's family?
2. When were you baptized?
3. What is the bread we eat at Mass changed into?
4. What is the wine we drink at Mass changed into?
5. Who do we let into our hearts at Holy Communion?
6. What is another name for Holy Communion?

A person can be a gift to others. An understanding of this is important to understanding Jesus as God's gift to us.

1. Who is Jesus?
2. Who is Mary?
3. Who is Joseph?
4. Where was Jesus born?
5. When do we celebrate His birthday?
6. What is a prayer?
7. Who said, "Love one another, as I have loved you."?

As members of the Christian family, we gather together to celebrate the Mass. During Mass, Jesus is present with us, especially in the Holy Eucharist.

1. What do we call the final meal Jesus shared with his friends?
2. What is the gift Jesus gave His friends (and us) at the Last Supper?
3. At Mass, who repeats the words of Jesus at the Last Supper?
4. What are those words?
5. On what day was the Last Supper?
6. When the priest gives you Holy Communion, what will he say?
7. How will you respond?

In sharing personal experiences of forgiving and being forgiven, the children are able to recognize the need for reconciliation in their lives. We also need to be reconciled with God and the Church. The Eucharist is both a sign and a real means of reconciliation.

1. How do we reconcile ourselves with God when we receive Holy Communion?

To help children understand the words of Jesus, “Love one another as I have loved you,” we can be wonderful examples in our own lives. In the celebration of Mass, we come together to receive those instructions once again. After Mass, we “go forth to love and serve the Lord.”

1. What does Jesus tell us about loving others?
2. How can we better love others?
3. Mass is a sacrifice. What do we offer to God at Mass?
4. What does the word “Amen” mean?

May the Lord be with you and your child as you explore your faith together. God bless!